## Part B1: General Information/Health History



Full name:				High-adventure base participants:		
Date of birth:				Expedition/crew No.:		
Date	ווע וט	uii		or staff position:		
Age:		Gender:	Height (inches):	Weight (lbs.):	_	
		State:		IP code: Phone:		
Unit leader:						
Council Name/No.:Unit No.:						
Health/Accident Insurance Company: Policy No.:						
Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.						
In case of emergency, notify the person below:						
Name:						
Address: Other phone: Other phone:						
Alternate contact name: Alternate's phone:						
Health History						
Do you currently have or have you ever been treated for any of the following?						
Yes	No	Condition		Explain		
		Diabetes	Last HbA1c percentage	and date: Insulin pump: Yes 🗌 No 🔲		
		Hypertension (high blood pressure)				
		Adult or congenital heart disease/heart attack/chest pain (angina)/ heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.				
		Family history of heart disease or any sudden heart-related death of a family member before age 50.				
		Stroke/TIA				
		Asthma/reactive airway disease	Last attack date:			
		Lung/respiratory disease				
		COPD				
		Ear/eyes/nose/sinus problems				
		Muscular/skeletal condition/muscle or bone issues				
		Head injury/concussion/TBI				
		Altitude sickness				
		Psychiatric/psychological or emotional difficulties				
		Neurological/behavioral disorders				
		Blood disorders/sickle cell disease				
		Fainting spells and dizziness				
		Kidney disease				
		Seizures or epilepsy	Last seizure date:			
		Abdominal/stomach/digestive problems				
		Thyroid disease				
		Skin issues				
		Obstructive sleep apnea/sleep disorders	CPAP: Yes 🗆 No 🗔			
		List all surgeries and hospitalizations	Last surgery date:			
		List any other medical conditions not covered above				

